

PSHE Curriculum Overview from Autumn 2021

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 6	Myself and My Relationships My Emotions	Myself and My Relationships Anti-Bullying Healthy and Safer Lifestyles Digital Lifestyles (in ICT)	Health and Safer Lifestyles Personal Safety		Health and safer Lifestyle Relationship and Sex Education	
Year 5	Healthy and Safer Lifestyles Relationships and Sex education	Myself and My Relationships Family and Friends Anti-Bullying	Healthy and Safer Lifestyles Managing safety and risk	Healthy and Safer Lifestyles Drug education	Healthy and Safer Lifestyle Healthy lifestyles	Citizenship Diversity and Community
Year 4	Myself and My Relationships Family and Friends	Myself and My Relationships Anti-Bullying	Citizenship Diversity and Communities	Healthy and Safer Lifestyles Drug Education	Health and Safer Lifestyles Personal Safety	Healthy and Safer Lifestyles Relationship and Sex Education
Year 3	Healthy & Safer Lifestyles: Digital Lifestyles (in ICT)	Myself and My Relationships Anti-Bullying	Healthy & Safer Lifestyles Healthy Lifestyles (Y4 teach teeth in science)	Healthy and Safer Lifestyles Managing Safety and Risk Myself and My Relationships My Emotions	Citizenship Rights, Rules and Responsibilities	Healthy and Safer Lifestyles Relationships and Sex Education
Year 2	Citizenship Rights, Rules and responsibilities	Myself and My Relationships Family and Friends Anti - Bullying	Healthy and Safer Lifestyles Digital Lifestyles	Healthy and safer lifestyles Relationships and Sex Education – links with science unit Animals including humans	Healthy and Safer Lifestyles Drug education – links with science unit Animals including humans	Myself and My Relationships Managing Change Healthy and Safer lifestyles Personal Safety
Year 1	Myself and My Relationships Beginning and Belonging	Citizenship Diversity and Communities	Healthy and Safer Lifestyles Managing Risk Healthy and Safer Lifestyles Digital Lifestyles	Healthy and Safer Lifestyles Relationships and sex education	Healthy and Safer Lifestyles Healthy Lifestyles	Myself and My Relationships My Emotions
EYFS	Myself and My Relationships Beginning and Belonging Myself and My Relationships My Family and Friends Citizenship Me and My World	Myself and My Relationships My Emotions	Healthy and Safer Lifestyles Healthy Lifestyles	Healthy and Safer Lifestyles Keeping Safe	Healthy and Safer Lifestyles My Body and Growing Up	Citizenship Identities and Diversity