

Church Langton CE (Aided) Primary School



Sex and Relationships Policy

Approved by Governors (date).....19th March 2013.....

Signed on behalf of the Governing Body..........

Chair of Governors

To be reviewed:

A Policy for the Teaching of Sex and Relationships Education

Teacher Responsible: Headteacher
Governor Responsible: Chair of Governors

Date: November 2012
Review: November 2013

1. Philosophy

Effective sex education is essential if young people are to make responsible and informed decisions about their lives. It helps young people learn to respect themselves and others and to move with confidence from childhood to adulthood.

2. Aims

To:

- Deliver a sex education programme tailored to the age, physical and emotional maturity of the children
- incorporate sex education into the ongoing work in Personal, social, health and citizenship education
- teach the facts of sex education within the context of loving, stable relationships particularly marriage
- work in partnership with parents
- place an equal focus on boys and girls

3. Teaching and Learning

As part of the Personal, social, health and citizenship education work in school children in Reception to Year 6 are helped to develop a confidence in talking, listening and thinking about feelings and relationships. As part of the science curriculum children learn to know the names of the different parts of the body and how their bodies work.

In the Foundation Stage topics such as 'My Family' consider relationships with people close to us. Relationships are also explored through stories, games, small world and role play activities. Physical development activities help children to develop an awareness of basic body parts. In KS1 topics such as 'Health and Growth' and 'My Body' along with input from the school nurse help to develop understanding of how bodies work. In both key stages Circle Time deepens the understanding of relationships that children gain in all curriculum areas.

In Y 3 /4 the experiences and activities from KS1 are reinforced and developed according to the interests and maturity of the children. This is planned for in science and PSHCE lessons.

Sex education is further developed in Y6 as part of Health Education and supports aspects of science which relate to animal and human reproduction. In Y6 the school nurse, along with a member of the y6 teaching team, leads a series of lessons to teach specific aspects of sex education e.g. changes, conception, birth of a baby. Discussion and age appropriate resources and DVDs are used. Y6 teachers support these lessons with relevant follow up work and discussion. The children have the opportunity to ask questions which are dealt with sensitively. To reassure the girls they are told that the School Business Manager or secretary are the point of contact

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for any support that is required during school time (The parents of Y5 children will be given the opportunity to include their child for the hygiene part of the sessions).

Teachers set clear parameters for what is appropriate discussion in a whole class situation e.g. no one (including the teacher) has to answer personal questions, the children are given opportunities to ask questions anonymously. *If at any time a teacher or health professional is concerned that a pupil is at risk of sexual abuse they inform the Head Teacher.*

In this school Sex and Relationship education lessons encompass:-

3.1 Attitudes and Values –

Learning the importance of values and individual conscience, and moral considerations; care is taken to ensure there is no stigmatisation of children based on their home circumstances;

- Learning the value of family life, marriage and stable and loving relationships for the nurture of children;
- Learning the value of respect, love and care;
- Exploring, considering and understanding moral dilemmas;
- Developing critical thinking as part of decision-making.

3.2 Personal and Social Skills –

- Learning to manage emotions and relationships confidently and sensitively;
- Developing self-respect and empathy for others (alongside R time activities);
- Learning to make choices based on an understanding of difference, respect and with an absence of prejudice;
- Developing an appreciation of the consequences of choices made;
- Managing conflict;
- Learning how to recognise peer pressure exploitation and abuse.

3.3 Knowledge and Understanding -

- Learning and understanding physical development at appropriate stages;
- Understanding human sexuality, reproduction, emotions and relationships;
- The birth of a baby;
- Contraception is also mentioned.

4. Working with Parents

This policy is issued to y6 parents prior to the sex education programme. They also have the opportunity to view the resources used and discuss the sex education programme. *Parents have the right to withdraw their children from all, or part of, sex education lessons.*

To be reviewed:

5. Equal Opportunities/Special Educational Needs

Teachers are aware of and treat sensitively any pupils who come from cultures where it is only acceptable to speak about the body in single gender groups. In such cases parents will be consulted to establish what is appropriate and acceptable for them. Both boys and girls have access to the same information. However, where the staff feel that either group may be more likely to talk freely and ask questions, some information may be delivered separately. Children with SEN have access to sex education at an appropriate level. This may be done as part of the whole class with extra adult support, or, if appropriate in a smaller group. Parents of children may be consulted if staff consider that there are issues relating from sex education.

6. Resources

Books, pictures, models

SEAL booklets and resources

Sex education materials are currently supplied by the School Nursing Service.

7. Monitoring and Evaluation

This policy is available to all parents. The Chair of Governors is responsible for the overview and review of this policy along with the Head Teacher.